# A Novel pH-Responsive Superabsorbent Hydrogel Based on Collagen for Ephedrine Controlled Release

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**Abstract.** A novel family of pH-responsive polymeric hydrogel based on collagen was prepared for controlled delivery of ephedrine. Acrylic monomers, acrylic acid (AA) and itaconic acid (IA) were simultaneously graft copolymerized onto collagen backbones by a free radical polymerization technique using ammonium persulphate (APS) as initiator and methylene bisacrylamide (MBA) as a crosslinker. Hydrogel formation was confirmed by FTIR spectroscopy. Thermogravimetric analysis showed the thermal stabilities of the hydrogels. Results from scanning electron microscopy (SEM) observation also showed a porous structure with smooth surface morphology of the hydrogel. Swelling profiles obtained indicated clearly that these hydrogels swell slightly in a simulated gastric fluid (SGF) and strongly in a simulated intestinal fluid (SIF). The model drug, ephedrine, was successfully loaded into the hydrogels and *in vitro* release studies were performed in SGF for the initial 122 min, followed by SIF until complete dissolution. The release of ephedrine was continued up to 215 min. The release mechanism of the hydrogels was also studied using the Ritger-Peppas model.

Keywords: collagen, hydrogel, acrylic acid, itaconic acid, ephedrine

### Introduction

Drug delivery systems (DDSs) are regarded as a promising means to control post-operative inflammation (Kranz and Bodmeier, 2008), although design improvements are needed to increase biocompatibility and effectiveness, as well to prolong controlled release of the drug (Oh *et al.*, 2008). Interest in biodegradable polymers, and specifically in a DDS matrix is growing day by day. The main reason for this is that delivery systems based on biodegradable polymers do not require removal of the polymers from the body at the end of the treatment period, as they degrade into physiologically occurring compounds that can be readily excreted from the body (Kakinoki *et al.*, 2007).

In recent years, much interest has been shown in the development of synthesis of natural-based superabsorbent hydrogels (Bagheri *et al.*, 2011; Sadeghi and Hosseinzadeh, 2010; Hua and Wang, 2009; Zheng and Wang, 2009). These biopolymer materials are crosslinked hydrophilic polymers, capable of absorbing large quantities of water, saline or physiological solutions (Buchholz and Graham, 1997; Peppas and Harland, 1990). Because of their non-toxicity, biocompatibility and biodegradability, natural-based hydrogels have

attracted in many fields such as hygiene, cosmetics, and agriculture (Zhou *et al.*, 2011; Sokker *et al.*, 2011; Raghavendra *et al.*, 2010).

Stimuli-responsive smart hydrogels that can respond to environmental physical and chemical stimuli, such as magnetic field (Wang et al., 2009), temperature (Chu et al., 2007), light (Tatsuma et al., 2007), pH (Kim et al., 2006) and electric field (Kwon et al., 1991), have attracted great interests in recent years due to their versatile applications such as controlled drug and gene delivery systems (Cheng et al., 2008; Hamidi et al., 2008; Thornton et al., 2007; Chu et al., 2002; Soppimath et al., 2002), chemical-/bio-separations (Yang et al., 2008), and sensors and/or actuators (Eddington and Beebe, 2004). Among those smart hydrogels, pH-responsive hydrogels have been extensively investigated for potential use in site-specific delivery of drugs to specific regions of the gastrointestinal tract and have been prepared for delivery of low molecular weight drugs.

Proteins are widely distributed in nature and are synthesized mainly in animals, i.e. collagen, keratin, and etc., and in a few plants such as Soya. In general, proteins are high molecular weight polymers and their solubility

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in aqueous solutions is difficult. Two efficient methods for preparation of aqueous soluble proteins are alkaline and enzymatic hydrolysis. According to the literature survey based on Chemical Abstract Service, a few studies have been reported in the case of protein-based hydrogels (Branco *et al.*, 2010; Zohuriaan-Mehr *et al.*, 2009; Yin *et al.*, 2008; Pourjavadi and Kurdtabar, 2007; Rathna and Damodaran, 2002).

Ephedrine, L-erythro-1-phenyl-2-methylaminopropanol-1 (Scheme 1), is an alkaloid that is present in various forms of the ephedrine family, extracted from *Ephedra sinica* and *Ephedra equisetina*. The pharmacological action of ephedrine is typical of noncatecholamine sympathomimetics of mixed action. It is mainly used for bronchial asthma, allergic illnesses, as an antiedemic for mucous membranes in rhinitis, and also as a drug to increase blood pressure during surgical interventions. It is used locally in ophthalmology as a vasoconstricting agent for dilating pupils.

**Scheme 1.** Chemical structure of drug ephedrine.

Hence, the target of the current study was to exploit novel pH-sensitive collagen-based hydrogels for the effective ephedrine controlled release system. Drug absorption and release capacities of hydrogel systems were also examined.

### **Materials and Methods**

Materials. Hydrolyzed collagen (Parvar Novin-E Tehran Co.) is industrial grade which is available in market and has nearly 25% insoluble phosphate salt. Acrylic acid (AA, Merck) was used after vacuum distillation. Itaconic acid (IA, Merck) and ammonium persulphate (APS, Merck) was used without purification. Methylene bisacrylamide (MBA, Fluka) was used as received. All other chemicals were of analytical grade. The drug, ephedrine was obtained from Jaberebne Hayan Pharmaceutical Co. (Tehran, Iran). Double distilled water was used for the hydrogel preparation and swelling measurements.

**Preparation of hydrogel.** A general procedure for chemically crosslinking graft copolymerization of AA and IA onto collagen backbones was conducted as follows. Hydrolyzed collagen (1.33 g) was dissolved

in 50 mL distilled water and filtered to remove its insoluble phosphate salt. Then the solution was added to a three-neck reactor equipped with a mechanical stirrer (Heidolph RZR 2021, three blade propeller type, 300 rpm). The reactor was immersed in a thermostated water bath preset at a desired temperature (80 °C). Then a definite amount of APS solution (0.1 g in 5 mL H<sub>2</sub>O) was added to collagen solution and was allowed to stir for 10 min. After adding APS, certain amounts of AA and IA (AA 1.20 g, IA 0.80) were added simultaneously to the collagen solution. MBA solution (0.05 g in 5 mL H<sub>2</sub>O) was added to the reaction mixture after the addition of monomers and the mixture was continuously stirred. After 60 min, the reaction product was allowed to cool to ambient temperature and neutralized to pH 8 by addition of 1N sodium hydroxide solution. The hydrogel was poured to excess non solvent ethanol (200 mL) and kept for 3 h to dewater. Then ethanol was decanted and the product scissored to small pieces. Again, 100 mL fresh ethanol was added and the hydrogel was kept for 24 h. Finally, the filtered hydrogel was dried in oven at 60 °C for 10 h. After grinding (using mortar) the powdered superabsorbent was stored away from moisture, heat and light.

**FTIR** analysis. Fourier transform infrared (FTIR) spectra of samples were taken in KBr pellets, using an ABB Bomem MB-100 FTIR spectrophotometer (Quebec, Canada), at room temperature.

**Surface morphology.** The surface morphology of the gel was examined using scanning electron microscopy (SEM). After Soxhlet extraction with methanol for 24 h and drying in an oven, superabsorbent powder was coated with a thin layer of gold and imaged in a SEM instrument (Leo, 1455 VP). Brunauer-Emmett-Teller (BET) analysis was used to determine the pore size of the hydrogels.

**Thermogravimetric analysis.** Thermogravimetric analyses (TGA) were performed on a Universal V4.1D TA Instruments (SDT Q600) with 8-10 mg samples on a platinum pan under nitrogen atmosphere. Experiments were performed at a heating rate of -20 °C/min until 600 °C.

**Swelling measurements.** Hydrogel (0.25 g) were immersed in 250 mL solution with various pH values (pH 1.2 and pH 7.4) at 37 °C to reach swelling equilibrium. Swollen samples were then separated from unabsorbed water by filtering through a 100-mesh screen under gravity for 30 min without blotting

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the samples. The equilibrium swelling (ES) capacity in buffer solution was measured triple according to the following equation:

$$ES(g/g) = \frac{\text{Weight of swollen gel} - \text{Weight of dried gel}}{\text{Weight of dried gel}}$$
 (1)

The accuracy of the measurements was  $\pm$  3%. The standard deviation (s) for a sample of data that is of limited size is given by the following equation:

$$S = \sqrt{\frac{\sum_{i=1Q}^{N} (X_i - \overline{X})^2}{N-1}}$$
 (2)

where,  $(X_i - \overline{X})$  is deviation from average of *i*th measurement and N is number of replicates of each measurement (here N=3).

Encapsulation of model drug. Loading of ephedrine (20% w/w, based on the total weight of the hydrogel) was carried out by swelling of dried polymeric hydrogel sample in phosphate buffer solution (pH 7.4) at 37 °C. After immersing the vacuum dried powdered samples (0.1 g) for 24 h, it was taken out, dried and accurately reweighed. The increase in the weight of the hydrogel was taken as the amount of drug loaded i.e. ephedrine encapsulation efficiency percentage, (EE%). The swollen hydrogels loaded with drug were placed in a vacuum oven, dried under vacuum at 37 °C and stored until further investigation.

The entrapped drug exhibited the same  $\lambda_{max}$  as free drug. This clearly indicates that the entrapped drugs have not undergone any possible chemical reaction during the matrix formation. The difference in between initial drug and the drug content in the washing solutions is taken as an indication of the amount of entrapped drug:

Drug entrappment (%) = 
$$\frac{\text{Amount of drug present in hydrogel}}{\text{Theoretical amount of drug}} \times 100 (3)$$

It should be pointed out that the phosphate may be lightly absorbed into the hydrogel along with the model drug. But the absorbed phosphate was very little. The anionic phosphate can not be absorbed largely by anionic hydrogel. However, the loaded hydrogel was washed by distilled water for removing the residues.

Spectrophotometric analysis of model drug. A UV/visible spectrophotometer (Shimadzu, UV-2550) was used to determine the maximum spectra of the drug. Model drug in aqueous solution was prepared for determining the

maximum absorption wavelength. The characteristic peak was observed. The absorbance value at the maximum wavelength of 276 nm of the model drug was read and the corresponding model drug concentrations were calculated from the calibration curve.

## Determination of the amount of drug entrapped.

The amount of ephedrine entrapped into the hydrogels was calculated by measuring the absorbance of the gelling medium at 276 nm. The amount of ephedrine entrapped was estimated by the difference between the initial and the final amount of drug in gelling media. Encapsulation efficiency percentage was expressed as the weight of drug entrapped in the polymeric hydrogel divided by the initial weight of ephedrine in solution. Moreover, it is important to notice that the drug exhibited the same  $\lambda_{max}$  for whatever the release medium used in this study, as the free drug in water and the presence of dissolved polymers did not interfere with the absorbance of the drug at this wavelength.

Release studies. In vitro release studies were performed in simulated gastric fluid (SGF) and strongly in a simulated intestinal fluid (SIF) at 37 °C. Accurately weighed amounts of dried drug-loaded polymeric hydrogel (ranging from 0.1 to 0.2 g) were placed in beakers containing 1 L of the release medium at 37 °C. At periodic intervals 5 mL of aliquots were collected from the release medium, and the ephedrine concentrations were measured using a spectrophotometer at  $\lambda_{max}$  276 nm. The percentage of cumulative amount of released ephedrine, obtained from three experiments, was calculated and plotted against time.

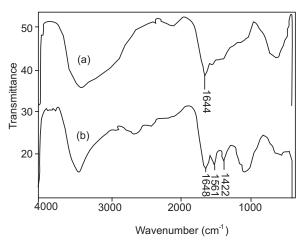
## **Results and Discussion**

Synthesis of hydrogels. A general reaction mechanism for collagen-based hydrogel formation is shown in Scheme 2. At the first step, the thermally dissociating initiator, i.e. APS, is decomposed under heating to produce sulphate anion-radical. Then, the anion-radical abstracts hydrogen from one of the functional groups in side chains (i.e. COOH, SH, OH, and NH<sub>2</sub>) of the substrate to form corresponding radical. So, these macroradicals initiated monomers grafting onto collagen backbones led to a graft copolymer. In addition, cross-linking reaction was carried out in the presence of a crosslinker, i.e., MBA, so that a three dimensional network was obtained.

**FTIR spectroscopy.** The grafting was confirmed by comparing the FTIR spectra of the collagen substrate

Scheme 2. Proposed mechanistic pathway for synthesis of the collagen-based hydrogels.

with that of the grafted products. The band observed at 1644 cm<sup>-1</sup> can be attributed to C=O stretching in carboxamide functional groups of substrate backbone (Fig. 1a). The superabsorbent hydrogel product comprises a collagen backbone with side chains that carry sodium carboxylate functional groups that are evidenced by peak at 1561 cm<sup>-1</sup> (Fig. 1b). This characteristic band is due to asymmetric stretching in carboxylate anion that is reconfirmed by another peak at 1422 cm<sup>-1</sup> which is related to the symmetric stretching mode of the carboxylate anion.



**Fig. 1a-b.** FTIR spectra of collagen (a) and collageng-poly(AA-co-IA) hydrogel (b).

Morphology of hydrogel. The morphology of the crosslinked hydrogel was observed by scanning electron microscope (SEM). Although the water inside the hydrogel was sublimed to make cavities, the structure of the hydrogel was preserved. Figure 2 shows the scanning electron microscope (SEM) photographs of the surface (Fig. 2a) and the cross-sectional area (Fig. 2b) of the hydrogel with interconnected pores. The hydrogel has a porous structure. It is supposed that these pores are the regions of water permeation and interaction sites of external stimuli with the hydrophilic groups of the graft copolymers. The cross-sectional view of hydrogels (Fig. 2b) also exhibited large, open, channel-like structure.

The results of BET analysis showed that the average pore diameter of the synthesized hydrogel was 7.4 nm. This proves that the structure of the hydrogel is very porous, and it could help to form a high-water-content hydrogel, as is generally shown in other hydrogels (Koo *et al.*, 2009; Crescenzi *et al.*, 2007).

Thermogravimetric analysis. TGA curves for collagen and collagen-based hydrogel are shown in Fig. 3a-b. The grafted collagen has shown improvement in thermal stability as clear from TGA curve. The initial decomposition temperature of the collagen on grafting was increased from 168 to 402 °C with maximum decomposition rate at 523 °C, in comparison to original decomposition tem-

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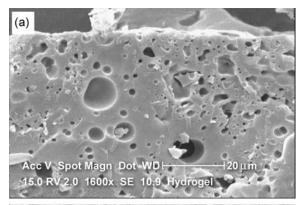




Fig. 2a-b. SEM photograph of the hydrogel. (a) Surface of porous hydrogel; (b) cross-sectional area of porous hydrogel. Surfaces were taken at a magnification of 1000, and the scale bar is 20 μm.

perature of 325 °C of collagen. These observations have clearly indicated that grafting of poly(AA-co-IA) has improved the thermal stability of collagen.

Amount of drug encapsulated. The amount of ephedrine encapsulated in the polymeric hydrogels increased with increasing drug concentration. The ephedrine encapsulation efficiency percentages (%EE) are 63, 74 and 88% according to the concentrations 0.15, 0.75 and 1.2 % of ephedrine, respectively.

*In vitro* release behaviour of hydrogels. In order to simulate the possible effect of pH on drug release rate, a swelling study was conducted in simulated gastric fluid (pH 1.2) and simulated intestinal fluid (pH 7.4) at physiological temperature of 37 °C (Fig. 4). It should be pointed out that there are no differences between SGF (pH 1.2) and SIF (pH 7.4) besides the pH. At pH 7.4, the hydrogel swells due to anion-anion repulsive electrostatic forces, while at pH 1.2, it shrinks within a few minutes due to protonation of the carboxylate

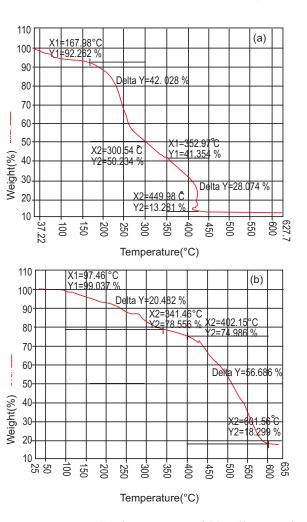
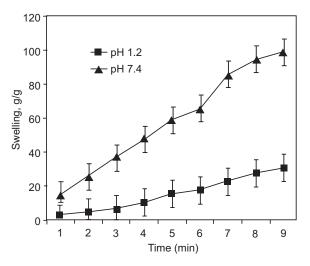


Fig. 3a-b. TGA thermograms of (a) collagen and (b) collagen-g-Poly(AA-co-IA) superabsorbent. Heating rate 20 °C/min, under  $N_2$ .



**Fig. 4.** Effect of pH of solution on swelling of collagen-*g*-poly(AA-*co*-IA) hydrogel.

anions. This swelling behaviour of the hydrogels makes them as suitable candidate for designing drug delivery systems.

The most challenging task in the development of drug pharmaceuticals is to deal with instabilities of drugs in the harsh environment of the stomach. Drug encapsulation processes that require the use of organic solvents or heating might potentially physically modify or denature the therapeutic proteins. Encapsulation processes that require chemical bond formation among the encapsulation reagents might unintentionally chemically modify the therapeutic proteins. However, drug loading process in the present study was desirable as the encapsulation of ephedrine was performed avoiding any organic solvent, high temperature, unfavourable pH and other harsh environmental conditions. The conditions were benign sufficiently as the resulting hydrogel physically entrapped the ephedrine drug. Figure 5 shows the ephedrine release profile of the test hydrogels at pH 1.2 and subsequently at pH 7.4. The time point at which the samples were collected for analysis was 2 min. The amount of ephedrine released at pH 1.2 was low; only about 15% ephedrine was released from the test hydrogel, whereas that released at pH 7.4 increased significantly (94%). The favourable ephedrine release performance could be attributed to the pH-sensitivity of the hydrogel. Swelling of such hydrogel in the stomach was minimal and thus the drug release was also minimal. Due to increase in pH, the extent of swelling increased as the hydrogel passed

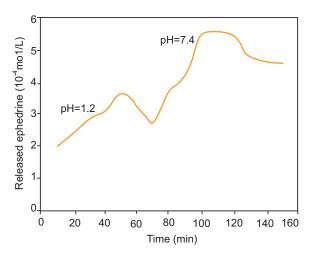
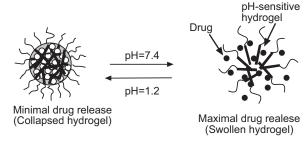


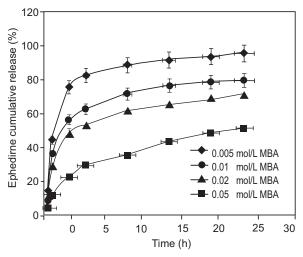
Fig. 5. Ephedrine release profile in SGF (pH 1.2) and subsequently in SIF (pH 7.4) at 37 °C. The time point that the samples are collected for analysis was 2 min.

down the intestinal tract, the hydrogel swelled and the controlled release of ephedrine was affected. Figure 6 shows the schematic diagramof actuation at a distance and resultant squeezing effect for the pH-responsive collagen-based system. Because of the high matrix porosity of the hydrogel (Fig. 2), the capillary forces could reinforce the diffusion of solvent into the hydrogel; thereby the ephedrine release from the hydrogel matrix occurred mainly due to the diffusion of the drug through the pores of the swelled matrix in the intestinal pH.

The dependence of the extent of crosslinking on *in vitro* release was also displayed in Fig. 7. It is observed that release rates depend upon the amount of MBA used as crosslinking agent. The cumulative drug release of ephedrine from the hydrogels was decreased with increasing MBA content. This could be due to the fact that at higher crosslinking, free volume of the matrix



**Fig. 6.** Schematic diagram showing the effect of ON–OFF cycles of pH on swelling behaviour. It shows the pH triggered collapse and resultant burst release due to squeezing effect.



**Fig. 7.** *In vitro* cumulative release of ephedrine from the hydrogel with different crosslinker content at pH 7.4 and 37 °C.

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will decrease, thereby hindering the transport of drug molecules through the matrix.

**Drug release mechanism.** A simple semi-empirical equation has been introduced to express general drug release behaviour depending on the geometry of a system (Siepmann and Peppas, 2001):

$$\frac{M_t}{M_{cr}} = kt^n \tag{4}$$

where  $M_t M_{\infty}$  are the absolute cumulative amounts of drug released at time t and after the finish of release respectively, k is a diffusional kinetic constant for the characteristics of a polymer network system, and n is a diffusional exponent representing the release mechanism.

When  $\log M_t/M_\infty$  is plotted against  $\log$  t the value of n is obtained. The case of n=0.5 is for purely diffusion-controlled drug release (Fickian release) and the case of n=1 is for a drug release rate independent of time, corresponding to zero-order release kinetics (Case II transport). Other values for n are for anomalous transport kinetics and combined mechanisms of pure diffusion and Case II transport. In the present experiments, the diffusion coefficients were calculated based on fitting 20% and 60% of drug release, respectively. When 20% of drug had been released n was 9.74, indicating Case II transport close to zero order release. In the 60% case n was 0.71, related to non-Fickian or anomalous transport.

# Conclusion

A new pH-responsive drug delivery system based on collagen hydrogel was developed for oral drug delivery of a poorly water-soluble drug to the intestinal environment. Ephedrine was encapsulated as a model drug and in vitro release studies were carried out in SGF and SIF. These studies indicated that the model drug encapsulation efficiency was increased with increase in the concentration of ephedrine. It was also evidenced that the release of ephedrine from these systems was influenced not only by the pH of swelling medium, but also by crosslinking content. The release value of ephedrine from hydrogels at pH 7.4 was higher than that at pH 1.2 due to the electrostatic repulsion between carboxylate groups. Moreover, the drug release from the hydrogels was decreased with increasing MBA content. Overall, it is possible to conclude that by varying crosslinking density or especially by changing the pH of solution, the drug release rate can be controlled and modulated.

Overall, the synthesized network is a novel hydrogel according to the literature survey based on Chemical Abstract Service. The main application of this DDS hydrogel is *in vitro* controlled release model drugs. As an extension of *in vivo* releases of this work, however, the hydrogels are being subjected to further investigation. In comparison to other pH-responsive natural-based hydrogel DDS, presently synthesized hydrogel has a good drug encapsulation and loading efficiency. The release value of drug from hydrogels at basic pHs was also considerable. The main limitation of this product is low release rate of drugs at acidic pHs.

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