

Regulation of Arachidonic Acid Metabolism in the Human Fetus and the Neonate

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Abstract. The human fetus exists in an environment in which there is an apparent over-abundance of prostaglandins (PGs). Neonates are also believed to contain high concentrations of PGs. Since both fetus and the neonate have a significant potential for prostaglandin catabolism, it may be inferred that some benefits accrue from a prostaglandin rich environment and that prostaglandins (PGs) are serving important roles in both intrauterine and early extrauterine life. Prostaglandins are formed from non-esterified arachidonic acid (AA) by the action of cyclooxygenase (COX). AA is also metabolized by way of lipoxygenase enzyme pathway. Products of this pathway are known to modulate prostaglandin biosynthesis. Little information is available concerning these pathways in fetal and neonatal tissues. In this review article, the results of studies designed to evaluate AA metabolism in the fetus and the neonate are described. In addition, AA metabolism in uterine and intrauterine tissues is also considered, since the products of such metabolism are important for normal fetal growth and development.

Keywords: arachidonic acid metabolism, inhibitors/stimulators, the neonate, uterine, intrauterine tissues

Concentrations of prostanoids in fetal and neonate plasma.

Fetal circulation. Information on the concentrations of hormones in the plasma of human fetuses has been limited to measurements in umbilical plasma obtained at delivery. Recently, however, prostaglandin concentrations have been determined in blood samples obtained by fetoscopy, at 16-20 weeks of gestation.

The prostaglandins measured in the study were prostaglandin E₂ (PGE₂) and 6-keto prostaglandin F_{1α}, (6-keto PGF_{1α}), the nonenzymatically formed product of prostacyclin degradation. PGE_{2α} output was higher than PGF₂ and the concentrations of PGE₂ and PGF_{2α}, were greater in both fetal and maternal outputs when compared with primary prostaglandins (Greystoke *et al.*, 2000). Strikingly, the concentrations of 6-keto-PGF_{1α}, in fetal plasma are manifold greater than the concentrations in the maternal circulation. More recently, the effects of cyclooxygenase-1 (COX-1) and COX-2 contributions to basal and interleukin-1 (IL-1) beta-stimulated prostanoid synthesis in human neonatal cerebral microvascular endothelial cells has also been investigated (Steinert *et al.*, 2002). These findings are suggestive that prostacyclin may serve an important role in the fetus during early pregnancy. Whether prostacyclin circulating in the fetus is influencing fetal organogenesis or is exerting a tonic effect on the placental vascular bed is

uncertain. Prostacyclin circulating in the fetus may be a part of a biological protection mechanism for the fetus. Prostanoids, the products of cyclooxygenase (COX) pathway appear to be important regulators of blood flow in neonate. It has been demonstrated that COX activity in cultured endothelial cells in micro vessels from autopsy specimens of neonatal human cerebral cortex and cerebellum (22-26 week gestational age) resulting in production of vasodilator prostanoids, prostacyclin (6-keto-PGF_{1α}) and PGE₂ from arachidonic acid (AA) (Barden *et al.*, 2004; Parfenova *et al.*, 2002).

Umbilical circulation. Concentrations of PGE₂, PGF_{2α} and 13, 14-dihydro-15-keto- PGF_{2α}, (PGFM; the major circulating metabolite of PGF_{2α}) in umbilical plasma are greater than in maternal plasma. On the other hand, maternal and fetal plasma concentrations of 6-keto-PGF_{1α} and thromboxane B₂ (TXB₂, the degradation product formed from TXA₂) are similar (Mitchell *et al.*, 1980). Concentrations of PGE, PGF and PGFM are all significantly raised in umbilical plasma obtained after the onset of labour indicating that labour is a stimulus to prostaglandin production by the fetal placental unit. Umbilical plasma concentration of 6-keto-PGF_{1α} and TXB₂, however, are unaffected by labour. A significant arterio-venous difference exists across the umbilical circulation for prostaglandin E₂ (PGE₂) with higher concentrations in venous plasma. This arterio-venous difference exists both before and after the onset of labour. In normal ovine pregnancy, arterial levels of

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prostacyclin I_2 (PGI_2) are increased, which may in part reflect increased uteroplacental production. Moreover, the gravid ovine uterus also appears to produce PGE_2 and metabolize $PGF_{2\alpha}$ (Magness *et al.*, 1990). Similar arterio-venous plasma differences cannot be demonstrated for PGF , $PGFM$, 6-keto- $PGF_{1\alpha}$ or TXB_2 . The finding that PGE concentrations are higher in umbilical venous blood than in umbilical arterial blood has been considered as suggestive that PGE in the fetal circulation is, at least partly, placental in origin.

Later studies suggest that the sensitivity of ductus arteriosus to PGE_2 is decreased by oxygen exposure. Cytochrome P_{450} affects the potency by causing constriction of the ductus arteriosus, as inhibitors of cytochrome P_{450} cause ductus to relax (Olley and Coceani, 1987). Hence, the high PGE concentration in the umbilical circulation at birth reflects an intrauterine environment in which potency of the ductus arteriosus would be maintained with PGE being dominant over PGF .

Neonatal circulation. The first report describing plasma prostaglandin levels in the neonatal period came from Siegler *et al.* (1977) who measured PGE in cord blood after term delivery and in peripheral plasma at 2-3 days of age and throughout childhood. The plasma level of PGE was found to be significantly lower at 2-3 days of age compared with values in cord blood which increased continuously, thereafter until adult life. These results must be interpreted with caution since the adult plasma levels of PGE described were approximately ten-fold greater than accepted values. In a study of the possible relationship between prostaglandin and respiratory distress syndrome, plasma levels of PGE and PGF were measured in a control group of infants over the first ten days of life following preterm delivery. No difference was found in circulating levels of either PGE or PGF between the first and the tenth day after delivery. These authors did not comment on the sustained high levels of PGE and PGF during the period of ductal closure, when enhanced prostaglandin catabolism would be expected. Using radio-immunoassay techniques, it has been found that circulating concentrations of PGE in neonates born at term are significantly reduced by the sixth day of extra uterine life compared with levels/at birth. Mean concentrations of PGF and $PGFM$ also are lowered in the first week of life. Quite a different pattern appears for circulating concentrations of 6-keto- $PGF_{1\alpha}$ and TXB_2 in the prenatal period (Mitchell *et al.*, 1981a). By six days, neonates, born at term, have higher circulating levels of both 6-keto- $PGF_{1\alpha}$ and TXB_2 than at birth. Infants born before term, but uncomplicated by major diseases, also have plasma concentrations of PGE , PGF and $PGFM$ on the sixth day of life similar to those infants born at term. Delivery before term is not,

therefore, associated with obvious difference in capacity for prostaglandin biosynthesis or metabolism in the neonatal period. It has been found that prostaglandin concentrations in the plasma of pre-term infants are raised above those of adults for at least 60 days. Importantly, concentrations of PGE in neonatal plasma decline more rapidly than concentrations of other prostaglandins and this reduction may play an active or facilitatory role in closure of the ductus arteriosus. It should be noted that prostacyclin and TXA_2 have little action on the ductus arteriosus. $COX-1$ and $COX-2$ develop unevenly in the ductus while both enzymes contribute to PGE_2 formation at term; $COX-1$ is the major isoform in the prematures. $COX-2$, however, may acquire greater importance before-term following physiological and pathophysiological stimuli (Coceani *et al.*, 2001). In pregnancy related hypertension, increase in synthesis of TXA_2 occurs early during pregnancy.

Metabolism of AA. Cyclooxygenase pathway. The potential for prostanoid (essentially prostaglandin and thromboxane) biosynthesis by human fetal tissues has been evaluated in detail (Ringseis *et al.*, 2007; Leonhardt *et al.*, 2003). This study reports that human fetal tissues were obtained from pregnancies in the first and second trimesters of gestation. Tissues were minced and superfused. The method of tissue superfusion allows prostanoids (formed acutely due to the traumatization of tissues) to be removed before commencing timed collections under steady state conditions. The results of this study show that the rate of formation of 6-keto- $PGF_{1\alpha}$ by all tissues studied was generally greater than the rate of formation of PGF_2 or PGE_2 . The rate of formation of 6-keto- $PGF_{1\alpha}$ was highest in aorta. This is not surprising as 6-keto- $PGF_{1\alpha}$ is a metabolite of prostacyclin. Prostacyclin formation was greatest in vascular tissues since the intimal lining is considered to be a major site of prostacyclin biosynthesis. Furthermore, vascular tissue from fetuses of other animal species has been shown to produce PGs predominantly which serve to prevent platelet adhesion and clumping. Intriguingly, the second highest rate of formation of 6-keto- $PGF_{1\alpha}$ was by fetal stomach. Decidua produced 12 to 28 times more prostaglandins than placenta and fetal membranes with 6-keto $PGF_{1\alpha}$ as the main metabolite (Wetzka *et al.*, 1993). In adults it is thought that prostacyclin may act in the stomach to have a cytoprotective effect. The fetal lung and adrenal also produce prostacyclin although at lower rates. The adult lung has been thought to be a major source of prostacyclin. Formation of prostacyclin by the human fetal adrenal is of interest since prostacyclin is a potent stimulant of adenylate cyclase activity and hence may be of importance in regulating steroid hormone formation. The capacity for the production of PGE_2 and $PGF_{2\alpha}$ is higher in the secretory phase of endometrium than in the proliferative phase and the maximum formation of

PGE₂ and PGF_{2 α} was found in the mid secretory phase and the late secretory phase, respectively (Ishihara *et al.*, 1986). In general, in the other tissues investigated, the rate of production of PGF_{2 α} was greater than that of PGE₂.

Lipoxygenase pathways. The first detailed evaluation of AA metabolism by way of lipoxygenase pathways in human fetal tissues has also been described (Keeney *et al.*, 1998; Schafer *et al.*, 1996; Saeed and Mitchell, 1983). Human fetal tissues were obtained after voluntary termination of pregnancy between 12 and 18 weeks of gestational age. Tissues were minced, homogenized prior to incubation with radio-labelled AA. Products were extracted and subjected to thin layer chromatography and various lipoxygenase products, were determined. All tissues investigated formed lipoxygenase derivatives of AA. It was found that liver was a major source of lipoxygenase metabolites. The high rates of conversion of AA to lipoxygenase metabolites in the fetal tissues are similar to the rates of conversion of AA to lipoxygenase metabolites in adult rat liver (Capdevila *et al.*, 1981).

Although absolute identification of the products formed is not available, lipoxygenase products formed by human fetal tissues had chromatographic mobilities identical with (5S)5-hydroxy-6, 8, 11, 14-eicosatetraenoic acid (5-HETE) and 12-HETE, respectively. The production of prostaglandins and HETEs by pregnancy specific human tissues was investigated in a short-term culture system. The main AA metabolite in all tissues from lipoxygenase pathway was 12-HETE (Wetzka *et al.*, 1993). It is interesting to note that the formation of 5-HETE which reflects the biosynthesis of the precursor

5-hydroperoxyeicosatetraenoic acid (5-HPETE) which is an essential intermediate in the formation of leukotrienes (Samuelsson *et al.*, 1980). Both 12-HPETE and 15-HPETE have been shown to inhibit prostacyclin formation and hence the production of 12-HETE by tissues may well form part of a self regulatory mechanism of AA metabolism. Prolonged exposure to HETEs may compromise the anti thrombotic and vasodilator properties of endothelium by reducing its capacity to produce eicosanoids including PGI₂ (prostacyclin). 12-HETE released by activated platelets and macrophages reduced prostacyclin formation in the bovine aortic endothelial cultures by as much as 70% (Hadjiagapiou and Spector, 1986). However, the rate of formation of prostacyclin also has been shown to be enhanced by certain leukotrienes. The relative rates of formation of different lipoxygenase derivatives may, therefore, be of importance in the regulation of prostacyclin formation by fetal tissues.

Metabolism of AA in uterine and intrauterine tissues.

Cyclooxygenase pathway. Using the technique of tissue superfusion (Table 1), a concerted series of experiments have been performed to evaluate the production of prostanoids by uterine and intrauterine tissues. Amnion is a significant source of PGE and indeed PGE₂ is the major prostanoid synthesized by most tissues. Substantial formation of TXB₂ occurs in deciduas Vera and placenta. The mean rate of formation of PGE₂ by amnion tissue after labour (Meadows *et al.*, 2003; Macchia *et al.*, 1997) was found to be higher than before labour, although the difference was not statistically significant. Subsequently, it was demonstrated that there is a significant increase in

Table 1. Rates of production of prostanoids by intrauterine tissues superfused *in vitro*

	Prostanoid	Production of prostanoid (ng/mg per g dry wt)			
		Amnion	Chorion	Decidua	Placenta
Tissues obtained after spontaneous vaginal delivery	Prostaglandin E	13.17±2.21	2.89±0.46	1.72±0.24	2.02±0.38
	Prostaglandin F _{2α}	0.83±0.19	0.51±0.12	0.49±0.09	0.66±0.13
	Thromboxane B ₂	1.59±0.37	0.61±0.19	2.12±0.38	4.94±0.39
	6-keto prostaglandin F _{1α}	6.31±2.40	2.43±0.64	1.46±0.43	1.33±0.39
Tissues obtained at elective Caesarean section	Caesarean section				
	Prostaglandin E	9.62±1.62	3.13±0.59	2.50±0.57	2.48±0.47
	Prostaglandin F _{2α}	0.74±0.19	0.76±0.20	0.80±0.25	0.82±0.24
	Thromboxane B ₂	2.42±0.79	0.88±0.26	2.76±1.09	4.84±1.05
	6-keto 6-keto-Prostaglandin F _{1α}	2.37±0.65	1.76±0.40	1.41±0.38	1.11±0.21

values are mean ± S.E.M. for ten individual determinations

prostaglandin synthase in amnion during labour (Okazaki *et al.*, 1981). It is widely considered that the biosynthesis of PGE₂ by fetal membranes and in particular amnion is vital in the events culminating in the onset and maintenance of labour. Classical excitatory effect of PGE and PGF is followed by hyper polarization. This restricts the response to a single contraction and decreases the frequency of subsequent contractions. The amplitude of the hyper-polarization decreases during labour allowing contraction frequency to increase. Its persistence at this time ensures complete relaxation between each single robust contraction preventing spasm of the uterus that would restrict blood flow to the fetus during delivery (Parkington *et al.*, 1999). Cyclic adenosine monophosphate (cAMP) may be involved in the labour induced by PGE₂ and cyclic guanosine monophosphate (cGMP) in that induced by oxytocin (Nagata *et al.*, 1988). The low rates of formation of PGE₂ by the tissues are consistent with an environment in which the production of substances with vasoconstrictor activity should be minimized. However, PGE from villous trophoblast can influence the function of many leucocytes by raising intracellular cAMP concentrations and hence might be important in maintenance of pregnancy (Kelly *et al.*, 1995). Prostacyclin formation by various intrauterine tissues may provide a tonic stimulus to uteroplacental blood flow and hence be protective of fetal development.

Data are also available suggesting that cervix is a major source of prostaglandins, particularly of the E series and it has been hypothesized that softening and dilation of the cervix at term are dependent upon locally formed prostaglandins. Such an action is a protective mechanism for the fetus since without cervical softening and dilatation, the onset of labour would result in contractions and the fetus would be pressed against an inflexible structure. The combination of cervical ripening with intracervical PG gel application and induction of labour by extra-amniotic PG gel under epidural anesthesia is an efficient and safe method for treatment of intrauterine fetal death (Cromi *et al.*, 2007; Neilson, 2007). Prostaglandin formation has also been demonstrated in myometrium.

Lipoxygenase pathways. Human uterine and intrauterine tissues have the potential to form lipoxygenase metabolites of AA (Saeed and Mitchell, 1982a). The major lipoxygenase product formed by human amnion, decidua vera and placenta has been found to be 12-HETE. The chorion produces only a trace amount of 12-HETE. It has been postulated that, since various HETEs are potent chemotactic agents for human neutrophils, eosinophil and macrophages, production of these metabolites by human intra-uterine tissues may serve to regulate leukocyte and/or macrophage infiltration during pregnancy and parturition (Mitchell *et al.*, 1983). Such

infiltration occurs in cervical tissue during cervical ripening and it has been demonstrated that cervix produces lipoxygenase derivatives of AA (Saeed and Mitchell 1982b) that also reside in the myometrium (Erkinheimo *et al.*, 2000; Mitchell *et al.*, 1983). The biosynthesis of lipoxygenase derivatives of AA by placental tissue may be critical in the maintenance of fetal hemostasis since changes in formation of prostacyclin and/or prostanoids in this tissue could lead directly to changes in utero-placental blood flow. Hence, the production of lipoxygenase metabolites in these tissues may be considered of utmost importance for fetal well being.

Regulation of the metabolism of AA by inhibitory factors.

Inhibition of prostanoid biosynthesis. In 1977, Saeed *et al.*, demonstrated the existence of circulating inhibitors of prostaglandin synthase. These were named "endogenous inhibitors of prostaglandin synthase" (EIPS). EIPS activity in the plasma of pregnant women was demonstrated (Mitchell *et al.*, 1981b) to be significantly lower during the third trimester of pregnancy (Brennecke *et al.*, 1982). A significant fall in the activity of EIPS in amniotic fluid during labour has been demonstrated (Fig. 1, 2) (Saeed *et al.*, 1982). This is a key

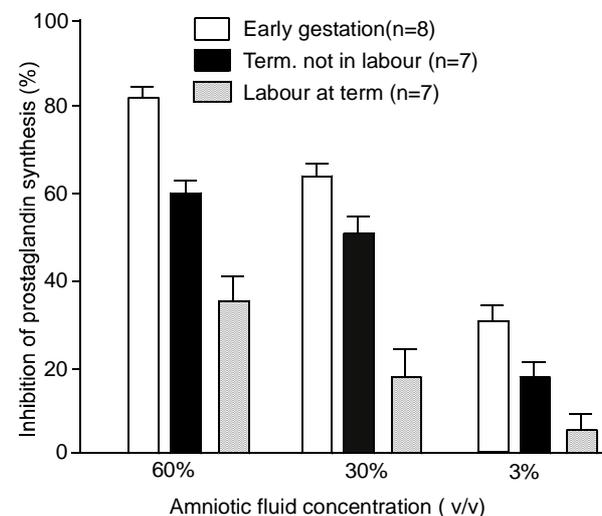


Fig. 1. The inhibition of prostaglandin synthesis by human amniotic fluid in relation to gestation and labour. (Results are presented as mean (\pm SE) inhibitory activities for amniotic fluid (at three concentrations) obtained at early gestation (15-17 week), term gestation and at spontaneous labour. At all three stages, concentrations of amniotic fluid through inhibitory activity of samples at term was less than the activity at early gestation ($p=0.05$) and samples obtained in labour demonstrated lower inhibitory activity than either early ($p<0.001$) or term ($p<0.01$) samples).

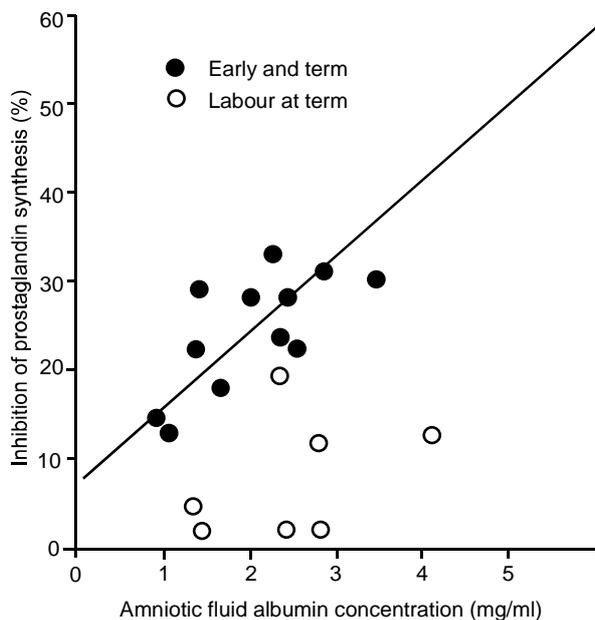


Fig. 2. The relationship of prostaglandin synthesis inhibition by human amniotic fluid to albumin concentration in the samples, at an assay concentration of 3% (v/v) amniotic fluid. (Samples obtained at early gestation and at term, not in labor, showed a significant ($p < 0.01$) linear correlation ($r = 0.90$) between inhibitory activity and albumin concentration. Samples obtained at labour did not exhibit a significant correlation ($r = 0.390$, $p > 0.30$) between inhibitory activity and albumin concentration).

observation since amniotic fluid bathes the amnion, it is the key structure in the mechanisms of the onset of human labour through its production of PGE_2 . (Das *et al.*, 2007; Murthy and Kennea, 2007; Saeed *et al.*, 1982) Hence it is possible that the biosynthesis of prostaglandins is tonically inhibited throughout pregnancy and that such inhibition is withdrawn at the onset of labour. This inhibition is of benefit to fetus since it prevents labour before term and may reduce excessive prostaglandin formation near the utero-placental vascular bed which could lead to vascular constriction. The fetus has less EIPS activity in its plasma than the adult; this is true both in sheep and in man. Umbilical plasma has less EIPS activity than adult plasma although no arteriovenous differences have been found (Gold *et al.*, 2006). EIPS concentration in the neonate increases gradually during the first month of life to reach adult levels by 1-2 months of life. A reciprocal relationship was found between plasma EIPS levels and previously reported plasma prostaglandin concentrations. This result supports the role for EIPS in the control of prostaglandin biosynthesis in humans (Friesen and Innis, 2006; Saeed *et al.*, 1977). Interestingly this is just the opposite of circulating

prostaglandin levels. More recently it has been shown that amniotic fluid inhibits PG production at the level of PG synthase enzymes. Endogenous prostaglandin inhibitors in amniotic fluid may play a role in maintaining uterine quiescence throughout gestation and its withdrawal at term may be involved in the initiation of labour (Orlov *et al.*, 1996; Saeed *et al.*, 1982, 1977).

Inhibition of lipoxygenase activities. An endogenous inhibitor of lipoxygenase activity has been described (Saeed *et al.*, 1980). No substantial information is available on such activity during pregnancy and parturition, although we have obtained results that such an inhibitor is present in human amniotic fluid. If this inhibitor does circulate in pregnant women, it may serve to regulate lipoxygenase activities and hence may be important in preventing the potential deleterious effects of 12-HPETE and 15-HPETE on prostacyclin within the uterus.

Inhibition of phospholipase activities. The elegant studies of Johansen *et al.* (2000) and Flower and Blackwell (1979) have suggested that glucocorticoids act to inhibit prostaglandin formation by inhibition of phospholipase activities. The mediator of this effect has been named macrocortin or lipomodulin. Human fetal adrenal tissue has been shown to respond to glucocorticoids by inhibition of prostaglandin formation in a manner consistent with the formation of lipomodulin (Mitchell *et al.*, 1982). This finding may be significant for the understanding of the regulation of adrenal growth and the secretion of steroids by the tissue. Moreover, it may be of importance in the understanding of the regulation of regression of the fetal zone of the adrenal during early neonatal life. The suppression of prostaglandins that have vasodilatory properties could provide a mechanism whereby the blood supply to the inner fetal zone of the adrenal is reduced or completely abolished and hence the fetus would regress rapidly. Glucocorticoids down regulate COX-1 gene expression and prostacyclin synthesis in fetal pulmonary artery endothelium (Jun *et al.*, 1999). It has been demonstrated that glucocorticoids affect prostaglandin formation by human amnion cells in monolayer culture. Interestingly, human myometrial cells in monolayer culture do respond to glucocorticosteroid by reduced formation of prostaglandin. The latter observation is particularly interesting since the major prostaglandin formed by the myometrium is prostacyclin (Abel and Kelly, 1979), an inhibitor of uterine activity in sheep (Lye and Challis, 1982). Hence an increased rate of glucocorticosteroid biosynthesis during labour may act to reduce the rate of biosynthesis of a uterine relaxant and thus allow the effects of uterotonic prostaglandins to be dominant. Studies conducted by McLaren *et al.* (1996) indicate that glucocorticoid induced PG production is due to increased

formation of prostaglandin H synthase-2 (PGHS-2) isozyme in ovine cotyledon. The presence of glucocorticosteroids sensitive within fetal and uterine environments provides another regulatory mechanism for prostanoid formation during the pregnancy and parturition.

Regulation of AA metabolism by stimulatory factors.

Circulating substances. A variety of substances found in the maternal circulation have been reported to stimulate prostanoid formation. The substances include oxytocin, bradykinin and estrogens (William and El-Tahir, 1980). In systems using isolated human endometrial fragments, progesterone has been shown to inhibit PG production markedly. Data collected by Kelly and Smith (1987) shows that the inhibition of PG production shown by progesterone, acting on secretory phase endometrium cultured as tissue fragments, is reversible by the receptor blocking antiproggestins. Whether the substances have tonic effects on prostaglandin biosynthesis by uterine tissues is unknown. Chorionic renin may have a novel role in the regulation of amnion cell PGE_{2α} production that is independent of angiotensin formation (Lundin-Schiller and Mitchell, 1991). Recent findings indicate that histamine may act as a local regulator of PGA₂ and PGF_{2α} production in human term decidua and may involve interaction with IL-1 (Schrey *et al.*, 1995). It seems somewhat unlikely that such substances would play a major role in maintaining fetal homeostasis since the stimulation of any prostanoid by these substances would occur not only within the uterus but also in other maternal tissues. Moreover recent data suggest that human chorionic gonadotropin (hCG) may also have a biological role in the regulation of PG synthesis in early human placenta (North *et al.*, 1991). In addition, Jones and Challis (1990) support the possibility of paracrine stimulation corticotropin-releasing hormone (CRH) and adrenocorticotropin (ACTH) of PG production in intrauterine tissues and suggest that in part, the effects of CRH on placental PG output might be mediated through ACTH.

Substances in uterine and intrauterine tissues. Uterine and intrauterine tissues contain cytosolic factors that cause a stimulation of prostaglandin biosynthesis (Saeed and Mitchell, 1982c). The stimulation of biosynthesis is different not only for different prostaglandins but also between different uterine tissues. Indeed the nature of the stimulation is also different. At present no data are available concerning the presence of such stimulation of prostaglandin biosynthesis within intrauterine tissues which may provide yet another regulatory mechanism for AA metabolism. Parturition in the sheep is preceded by an increase in the synthesis of prostaglandins by intra-uterine tissues. Prostaglandin H synthase (PGHS) is the central enzyme in prostanoid production

(McLaren *et al.*, 1996). Since prostacyclin biosynthesis is increased during pregnancy, it is likely that a specific stimulant of prostacyclin formation is present within intra-uterine tissues. Pregnancy affects preferential changes in the sub-cellular distribution of PGI synthase in myometrial cells. Relative to its PGI synthase content pregnant myometrium contained twice as much PGH synthase as non-pregnant myometrium (Moonen *et al.*, 1984). It would then seem possible that a reduced activity of such a stimulant could lead to a chronic reduction in uteroplacental blood flow and thus lead to growth retardation and pregnancy-induced hypertension. Given the multitude of effects of prostacyclin within the body the finding of a stimulant of prostacyclin biosynthesis within intrauterine tissues has wider significance since the characterization of such a substance may eventually permit clinical treatment with the substance. Developing the clinical use of eicosanoid-related drugs and assessing the potential use of these drugs require a 3-phase approach: reducing the complications in the treatment of neonates with ductus-dependent congenital heart diseases and primary pulmonary hypertension requiring PGE₁, PGE₂ and PGI₂ therapy; conducting clinical trials of the synthesis inhibitors and receptor antagonists of TXA₂ and LT that have already been used in the treatment of adult patients with bronchial asthma; and evaluating the efficacy of new modulators of eicosanoid biosynthesis, such as eicosapentaenoic acid and anti-allergy drugs, in the treatment of eicosanoid-related diseases in children (Shimizu, 1998).

The biosynthesis and release of AA metabolites (prostaglandins and lipoxygenase products) within the human uterus and by the fetus are extremely complex. It likely involves a series of inhibitory and stimulatory factors that include a combination of different products of AA metabolism. However, given the clinical importance of prostaglandin formation by the fetus and the uterus, it is of importance that studies are conducted to characterize the ultimate regulator of prostaglandin formation.

Our ability to modulate the formation of prostaglandins and lipoxygenase products during pregnancy will have major clinical implications since prostaglandins do have several protective actions on the uterus and in particular on the fetus and the neonate. On the other hand, it should be recognized that interference with the normal pattern of AA metabolism could have disastrous consequences. Hence, there is a great need for extensive basic scientific studies to be conducted before cautious clinical trials of any of the substances described in this review can be considered.

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